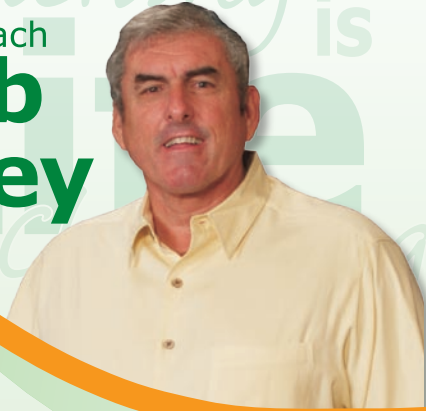


Life Coach

**Bob  
Riley**



*Let's work together  
to create the life  
you really want.*

*All my  
life, the message  
I have heard is "help  
and serve others."*

I bring dedication and commitment to all of my clients by honoring this purpose.

Helping to instill balance, hope and happiness in your life – and the lives of all of my clients – is my business.

*My belief is ....*

**You are what  
you choose**  
*in who you become.*

I have spent over 35 years working with people both in the United States and abroad. Here is what some of them say:

"I now love my life and everything I have achieved. I could never have done it without Coach."

– Cleo Ciocca, Cape Coral, FL

"Coach Bob gave me the tools to unlock the doors to my personal values. I have grown so much in my purpose and personal happiness. Thanks for giving me control of my life."

– Linda Delbert, Vail, CO

"From my personal experience and after many years full of thoughts, psychoanalytical sessions, the only thing I have found to be meaningful to me was the work I did with my personal life coach, Bob! He helped me find solutions for living a joyful, positive life. I am now more respectful of myself and others and have a new way of living."

– Greta Longo, Latina, Italy



**Life**  
*Coaching* is  
**Life**  
*Changing*

**239-591-1631**

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Direct: 239-253-6600

## Is working with a Life Coach right for you?

- 1. Do you want to start achieving your goals?** Get real about the very thing you want in life.
- 2. Would you like to get more of what you want from life?** We can create what you need to have values, quality of life and the gift of happiness without the approval of others.
- 3. Is discovering who you really are and building a great life important to you?** Imagine having the life you want and becoming your authentic self.
- 4. Do you have balance in your life?** By working with Life Coach Bob Riley, you can discover your truth while improving your purpose and values to create harmony.

## Questions you will be asked to help create the life you deserve.

- 1. What are your three distinct personal values?**
- 2. What three areas of self-growth and development would you like to improve?**
- 3. What can you stop doing today which is keeping you from getting what you want?**
- 4. Do people hold negative perceptions of you? Are they true? If not, how are they wrong?**
- 5. Do you want to be happy? What are you willing to do to get it?**
- 6. Can you imagine what it would feel like to be truly happy?**

## Do you have the answers?

**Let's talk!**

**Call Coach Bob  
239-591-1631**

## Questions I am often asked.

- 1. What is coaching?** Coaching is a **Personal Improvement Process** where your quality of life is the focus.
- 2. Is coaching like counseling?** NO! Coaching works only on your future. Counseling works out problems from the past.
- 3. Does coaching by phone really work?** YES! You will be much more relaxed in your environment and less inhibited by the process.
- 4. What can I learn from coaching?**  
You will develop a positive attitude in your life.  
Communication will be more effective.  
Your needs will be met.  
You will teach people how to treat you properly.  
Hurdles will be overcome by facing fears.  
By setting clear boundaries, you will never be manipulated.

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